



CCS ATHLETICS OVERVIEW 2009-2010 SEASON

Calgary Christian School has a long tradition of providing opportunities for students to not only be a part of, but to excel in athletics. We are a charter member of the CISAA league, and our students have had a wealth of accomplishments. Combined with the foundation that our Athletics department provides in the student's daily physical education programs, CCS is proud to offer the following extra curricular programs during the academic year:

Middle School Sport	Months Offered	Grade Offered	Program Fee	Jersey Deposit
Golf	September	7-9	Green Fees	N/A
Cross Country	September	7-9	\$10-\$15	N/A
Volleyball	Sept-Nov	7, 7/8	\$45-\$55	\$50
Volleyball	Sept-Nov	8-9	\$100-\$115	\$50
Basketball	Nov-Mar	7, 7/8	\$45-\$55	\$50
Basketball	Nov-Mar	8-9	\$100-\$115	\$50
Soccer	May/June	7-9	\$25-\$35	\$50
Track and Field	May/June	7-9	\$10-\$15	N/A

High School Sport	Months Offered	Grade Offered	Program Fee	Jersey Deposit
Golf	September	10-12	\$50-\$75	N/A
Volleyball Jr Varsity	Sept-Nov	10-11	\$150-\$175	\$50
Volleyball Sr Varsity	Sept-Nov	10-12	\$225-\$250	\$100
Basketball Jr Varsity	Nov-Mar	10-11	\$150-\$175	\$50
Basketball Sr Varsity	Nov-Mar	10-12	\$225-\$250	\$100
Soccer Co-Ed	May/June	10-12	\$20-\$30	TBA

Secondary Sport	Months Offered	Grade Offered	Program Fee	Jersey Deposit
Badminton	March/April	7-12	\$10-\$15	N/A

SIGN UP

Students interested in extra-curricular sports are encouraged to check the Athletics Board on a daily basis to find out when team try-outs and sign ups are coming. There are often many students vying for positions on the teams so you are encouraged to complete your applications and submit your applicable fees as soon as possible, prior to the start of the season for each sport.

PROGRAM FEES

As these are extracurricular programs, there are additional fees that are not included Society Program fees. These fees for extra-curricular programs and teams cover the costs of referees, banners, medals and tournaments. We require each player to provide 2 cheques payable to CCS. The first cheque would be payment of the fees and the second would be a deposit on the team jersey and is returnable on completion of the season.

PRACTICES AND TOURNAMENTS

The following schedule deals with prescheduled practice days. The coach will notify the team of practice times and locations. Both the Secondary and Elementary gymnasiums are used for our extra-curricular programs. The following chart shows typical times for practices and games as well as the number of anticipated tournaments for the Volleyball and Basketball seasons.

Times specific to your student's team and sport will be distributed to players upon formation of the team. Information will also be available at www.calgarychristianschool.com on the Athletics tab.

Tournaments often occur on weekends, so please keep in touch with your coach and check the website often for updates.

Sport	Grade	Game Scheduled Date/Time (Various Locations TBA)	Expected Tournaments (per season)	Practice (per week)
Volleyball Basketball	7	Tues/Thurs after school at 4:00 or 5:15 PM	2	2
Volleyball Basketball	7/8	Tues/Thurs after school at 4:00 or 5:15 PM	3	2
Volleyball Basketball	8/9	Tues/Thurs after school at 4:00 or 5:15 PM	Up to 4	2-3
Volleyball Basketball	10-11 Jr. Varsity	Mon/Wed after school at 4:00 or 5:15 PM	2-3	2-3
Volleyball Basketball	10-12 Varsity	Mon/Wed after school at 4:00 or 5:15 PM	5-6	3

Tournament details will be provided by coaches in advance and may be subject to additional fees. The CCS Athletics Program is provided an annual budget, but it is not sufficient to cover the entire program expense.

MEETINGS

At the beginning of each season, parents and athletes will be expected to attend an orientation meeting to cover league schedules, attendance, transportation and fundraising that is anticipated. At that time, roles of coaches, parents and students will be covered as they pertain to the specific sport and league play.

COACHING

As with any school, we require the volunteer participation of our parent families to assist us by sharing their gifts in coaching and passion with sport. Please contact our Athletic Director, Mr. Kevin Francisco, to discuss available positions and placement with our teams. Both male and female coaches are required to work with our teacher sponsors during any athletic season.

SUMMARY

We value our students and their gifts and strongly encourage each potential athlete to participate in the extra-curricular opportunities that are provided. There are expectations of academic and behavioural performance of all of our athletes. Please direct any questions or comments to the Athletic Department Coordinators as below:

Grades 7-9 Mr. Jonathan McMann
email: Jonathan.McMann@pallisersd.ab.ca

Grades 10-12 Mr. Kevin Francisco
email: Kevin.Francisco@pallisersd.ab.ca