



**Calgary  
Christian  
School**

**STUDENT NAME:** \_\_\_\_\_

**HOMEROOM:** \_\_\_\_\_

### **Middle School Adventure Day – Kananaskis Trip**

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**Date:** March 18, 2019, 8:45a – 3:30p

**Destination:** Kananaskis, AB

**Summary of Activities (Itinerary below)** Snowshoeing and Skating

**Supervisors:** Rob Oostenbrink, 3 Adult Supervisors

**Transportation Arrangements:** School Bus

**Cost to Student:** \$20.00 ( Busing cost included )

**Contact Person:** Rob Oostenbrink

**Phone:** 403-242-2896

**Email:** rob.oostenbrink@pallisersd.ab.ca

### **RETURN FORMS and PAYMENT BY FEBRUARY 15, 2019**

- Cheque made out to Calgary Christian School (attached)
- Charge my Credit Card (Visa or Mastercard accepted)

Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ and CVC \_\_\_\_\_  
M/Y (number on back)

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### **ITINERARY**

Students will leave CCS at 8:45 am to go to Kananaskis Village.

We will be arriving at 10:15 am. Our plan is to go skating for about 1 hour, have lunch and then go snowshoeing in the early afternoon.

10:15 - 11:30	Skating (pending ice conditions)
11:30 - 12:00	Lunch (Students should bring their own lunch and snacks)
12:00 - 1:30	Snowshoeing
1:55 pm	Board Bus
2:00 pm	Leave to return to the school

Students are expected to arrive back at the school by 3:30pm.

**Please sign reverse**

## **ELEMENTS OF RISK**

Educational activity programs such as snowshoeing and skating involve certain elements of risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injuries which may result from participating in snowshoeing and skating.

1. Broken Limbs, Concussion, Strains, Sprains, Ligament Tears
2. Accident on Highway – poor weather
3. Collision with other people or falling on ice which could cause injury or death.

The risk of sustaining these types of injuries result from the nature of the activity and can occur without fault of either the student or the School Board, its employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that your/your child may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. If you choose to participate in the snowshoeing and skating trip on March 18, 2019, you must understand that you bear the responsibility for any injury that may occur.

The Board of Trustees of Palliser Regional Schools has invested in IAP Student Accident Insurance, with enhanced coverage for the school year. This provides insurance coverage for all students, teachers and non-teachers on Palliser staff from the time they leave their residence to travel to school to the time they arrive at their residence (or their first destination) after school. This coverage also applies during approved and supervised school trips/activities.

## **ACKNOWLEDGEMENT**

We have read the above. We understand that by participating in the activity described above, we are assuming the risks associated with doing so.

## **PERMISSION**

I give (student name) \_\_\_\_\_ permission to participate in the Kananaskis trip to be held on March 18, 2019.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_