

WHAT'S HAPPENING @ CCS

BUILDING OUR TOMORROW TODAY

KEN DEWYN, EXEC DIRECTOR

A few warm days between snow showers might coax us to think of spring, but one thing is for certain: it's survey season at CCS! More than a quick "taking of the pulse" of our community, these surveys are meant to **dig deeper** into who we are as a community, including our diversity, our experiences, and our perceptions about what's happening at school. For our Board and administration, results inform decision making, especially which steps to take next to continually enhance our learning experiences.

As an extension of planned enhancements to the secondary school, grade 7 – 12 students and their parents will participate in written surveys and "listening sessions" this spring. These are designed to collect a complete and fair representation of what families expect of a Christian, secondary school experience. Topics to be addressed include the scope and caliber of academic programming, safe and caring conditions, faith formation, facilities, and extra-curricular activities. As members of our community and stakeholders in this Kingdom-building enterprise, we **encourage you to lend your voice** to this important process of information sharing and discernment. Watch this newsletter and weekly parent emails for details on how and when to participate. We look forward to speaking with you.

FROM OUR COUNSELOR

KELLY SCHMALTZ

Anxiety is getting more common among children and anxiety makes learning harder. Anxiety can show itself in tantrums, meltdowns, and aggression. When children are under the influence of an anxious brain, their behaviour has nothing to do with wanting to push against the limits or break the rules. They are often great kids who want to do the right thing, but they are being driven by a brain that is in high alert.

Children are naturally driven to this high alert state when a threat is real or imagined. One often overlooked threat is the loss of a close loving relationship with a parent. When parents are over-stressed, unavailable, or unable to be patient and express love to their child, the child's need for a secure relationship is threatened. This leads to alarm and an anxiety response in the child that may be expressed as anger or clinging. [Read here](#) for helpful parenting tips.

CAN YOU HELP US OUT? COMMUNITY @ CCS

* Friday, March 3 is set up for the fundraiser at the Greek Centre and **volunteers** are still needed for set up and during the event! [SignUp here](#).

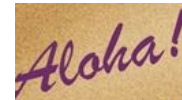
* We are looking for **microwaves** that our maintenance team can supply in classrooms. If you have one to donate, please [email Arnold Zwart](#).

* **Bottle drive** for our [Robotics Club](#) is taking place on March 24 & 25 at the Secondary Campus. Please drop off before or after school on Friday, March 24 and support this great team!

*Volunteers are always needed for the **ES Hotdog** lunches. Please consider [signing up here](#). Only 2.5 hours on a Wednesday!

*CCS Society is accepting **Board Nominations** for the 2017—2020 term. Please [read this letter](#) from our current chair for details.

LUAU FUNDRAISER DINNER AND AUCTION



Our annual fundraiser is quickly approaching! Thank you to those who have purchased tickets, we're excited for our evening. [Check out the amazing items](#) we have to offer, including unique experiences (WEST COAST TRAIL 2018), teacher adventures and delicious dinners made for you!

We're thankful for the money raised through the Bethany Hamilton event BUT we still need to reach this year's fundraising goal with this auction event and our annual golf tournament. Donations towards this event and the annual drive are welcome ([email Community Relations Office](#)), we are thankful for your ongoing support!

STUDENT LED TOURS SECONDARY CAMPUS

CCS will be hosting tours on Tuesday, March 14 for perspective families interested in attending our Middle and High School. If you know of someone, please invite them to participate alongside our students who will lead them through our facilities and answer questions. 1 - 2:30pm, 6:30 - 8pm, details on [our website](#).



WHAT'S HAPPENING @ CCS



YO, VIKINGS! TICKETS ON SALE MUSICAL PRODUCTION

Our CCS drama students, musicians, along with drama teacher, Mrs. Delaney and music director, Mr. VanderWoude, are hard at work preparing this year's musical production! Tickets available in the Business Office at the Secondary Campus.



YO, Vikings!

Performances
Wright Theatre at Mount Royal University
Doors open 6:30pm
Curtain at 7:00pm

Open Dress Rehearsal - March 22 (\$12)

March 23, 24 & 25
Tickets now available

Students thru Grade 6-\$15 Seniors (65+)-\$18 General Admission-\$20

YO, VIKINGS!
Judith Byron Schachner

ADULT EDUCATION YOUR BEST SELF

The **Positivity Essentials Course** is coming to CCS on Wednesday, March 1 in the LINC @ the Secondary Campus! This is for grandparents, alumni, friends and neighbours. If you're in a Small Group or Bible Study, ask them to join you. Details about the [course are on our website](#).

March 1, 8, 15, 22, 29 from 7-9pm, with a follow-up session on April 19! Discounted cost is \$69/person or \$119/couple. To register and for more details go to the [POSITIVITY CENTRE WEBPAGE](#). Hope to see you there!



EXCITING NEWS MARIT CUP 2017

CCS has been hosting the [Marit Cup](#) (teachers vs student hockey game) since 2013 and has made a large impact in our community and beyond! This year the game will take place on Tuesday, March 28 with a very SPECIAL GUEST. Marit supported the David Foster Foundation and organ donation and as a result upon her passing, her vital organs and tissue were donated. Tanner, a young man and **Marit's heart recipient** will not only attend but will play goalie in this hockey game! This event is open to the public at WinSport, so come out and cheer for hockey and organ donation.

ELEMENTARY SCHOOL INFO

STAFF vs STUDENT HOCKEY GAME JERSEY DAY



Elementary students, wear your favourite jersey and show your team pride on Friday, March 17! Then cheer on the players at a special floor hockey game that day.

EASTER CONCERT PRAISES RISING



You are invited to join our students from Kindergarten to Grade 3 for their concert on Tuesday, March 28 from 7-8pm at [Bethany Chapel](#). Please note students should arrive at 6:45 pm, and sanctuary doors will be closed until 6:45 pm.

HOT LUNCHES ORDER ONLINE

Our next *special* lunch at the ES is March 17 from Inglewood Pizza. Details are available on our [hot lunch page](#). Please remember cut-off to order is the WEDNESDAY prior! Thank you to our [volunteers](#) who help make the hot lunch program possible, which raises money for activities at our ES Campus.

FLOOR HOCKEY TOURNAMENT MARCH 23

CCS is getting ready to host the [annual floor hockey tournament](#) with a total of six participating schools. This year, funds raised will be donated to WinSport and our special guest is **Olympian, Catriona LeMay Doan**! All of our students will be cheering on the teams throughout the day and are encouraged to wear **RED**. We will also have a concession stand set up for the day where students can purchase a variety of treats and souvenir WinSport bells.



LET'S BUILD LEGO PLANNERS NEEDED

We are looking for parent volunteers to assist with planning our Lego Showcase on April 28. This event takes place in our Library and is a great way for students to follow step-by-step instructions or be independently creative! Have questions? Without a planning team, this activity can not take place. [Email Community Relations](#) for questions, to volunteer please [signup here](#).

SECONDARY SCHOOL INFO

LUNCH AND LEARN

STARTS MARCH 1

ALL Secondary Students have the unique opportunity to participate in an 8 week course during lunch on Wednesdays with Josephine from [The Positivity Centre!](#) At a cost of \$29! As an added bonus, registrants for the course are able to [order lunch](#) from Chef Chris for the entire month of March at a reduced rate of \$5! [REGISTER TODAY.](#)

(VICE) PRINCIPAL UPDATE

FROM MR. BARTHEL

While watching the 2016 Olympics, amidst all of the amazing athletic feats, something stood out. It was this [advertisement](#). It tells the story of a group of boys who identify and act on an opportunity to build community.

The ad finishes with this quote: *When the best of us steps up, our nation stands a little taller.*

I often find myself connecting my work with students to what I experience outside of the school and this was no different. As I considered the connection, I couldn't help but be reminded by the many times that I have witnessed someone stepping up to make our community stand a little taller. Here is a sample of some things that came to mind:

Our grade nine students sent messages of **solidarity to our fellow Palliser students at the Islamic School after the tragedy in Quebec, or when the same group of students created a massive collection of encouraging cards for our recovering principal.

A high school teacher acknowledged the need for **community building clubs in the high school so he created and supervises a space where students can come together through board games.

** The hard work being done by our staff to create formative learning experiences designed to connect curriculum to the **beautiful** story that God has called us all in to.

A grade 8 student that initiated a 'human string activity' designed to give everyone an opportunity to encourage and say something **uplifting about their classmates.

The book club started by grade 9 passion project students designed to **connect and engage students from grades across our school.

Our foods classes contributing **meals to families in our community.

A group of grade 10 students created science lessons and then invited our grade five students for a tremendous learning experience. The grade five students also joined our Art 10 class to create acrylic Alberta landscapes and build **relationships.

A group of high school students initiating the ALPHA program to provide the opportunity for a **deeper dive into the story of Jesus.

The many families stepping up to deliver daily lunches for grieving families and the group of grade 12 students who refuse to let a **classmate walk in sorrow alone.

The Giving tree and our **music program adding to our Christmas season.

Our Inspiract event exposed students to a vast array of **volunteer opportunities that students could step right into.

Our staff created a board full of notes aimed at reminding our students of their **infinite value in Christ.

This short list hasn't even shed light on the endless time and energy spent by all of our parents, coaches, society members, and students that continue to volunteer their time so that many of our extra-curricular activities and events can exist. Let's all continue to look for ways to build each other up, to encourage one another, and to participate because when someone steps up, our community does stand a little taller.

CAREER AND ACADEMIC COUNSELLOR

MRS. FOSTER

Alberta Premier's Citizenship Award - Every year, each school may nominate one student to receive the [Alberta Premier's Citizenship Award](#). If you are interested in having our school nominate you, please complete the [Alberta Citizenship Awards Nomination Form](#) and submit it to your principal along with an explanation of why you believe you are the best candidate for your school. You can use the [Record of Accomplishments](#) document as a guide. The Nomination Form and the Record of Accomplishments must be received by your principal by May 15, 2017. If you are selected as our school's nominee for the Citizenship Award, you will receive a plaque and will also be eligible to apply for the [Alberta Centennial Award](#) (\$2005) and the [Queen's Golden Jubilee Citizenship Medal](#) (\$5000 and a medal).

Marit McKenzie Fine Arts Scholarship and Alex Schaaap Memorial Scholarship - \$1000 scholarships are available to grade 12 Palliser students entering post-secondary studies in Fine Arts and Technology respectively. Apply by May 15, 2017. See poster for details.

US College Expo - Did you know that in the US, the word "college" means the same as "university"? So if you're thinking of attending university in the US, check out the US College Expo on April 30 at Arts Commons. Understand all aspects of the US Admissions process, from selection, application, financing and student athlete considerations. Register at uscollegeexpo.com/calgary-arts-commons.

RAP and Skilled Trades Fair 2017 - Are you considering a career in the trades? Attend the RAP (Registered Apprenticeship Program) and Skilled Trades Career Fair on the date that suits you best. Go to the [Career Page Calendar](#) for details.